

2018-19



**Future
Leaders Award**

BLOCK 2 ACTIVITY GUIDE

ABOUT THE FUTURE LEADERS AWARD

The Clevedon Future Leaders Award is an employability scheme developed by Clevedon School to enable you to broaden your skill set and develop real-life experiences outside of the classroom. You will undertake extra-curricular activities throughout your two years of study in order to help develop self-confidence, communication skills and sense of community. Under the broad themes of, SKILLS, VOLUNTEERING and ENTERPRISE, you will complete five blocks of activities so that you are able to articulate a broad range of attributes when it comes to personal statements, letters of application, and interviews.

*Several activities can also provide a primary research basis for a whole range of future EPQ projects – look out for the ☐ symbol.

GUIDANCE

Read through the activity descriptions in the booklet. You are required to choose **one activity** per block. This will start in Year 12 with 3 blocks per year and continue in Year 13 with 2 blocks per year. If there are any activities not listed which you are interested in, please speak to Mr Worland to arrange. *Ongoing* activities may not be started in blocks 2 and 3 by students new to the activity.

Each block will last for approximately 2 terms:

- Block 1 = Term 1&2
- Block 2 = Term 3&4
- Block 3 = Term 5&6

At the start of each block, please ensure you choose a different type so that you complete the award with a variety of SKILLS, VOLUNTEERING and ENTERPRISE activities. If you wish to continue an activity for more than one block, speak to Mr Worland or Mr Davies. There is a maximum of 2 block allocations for any one activity area e.g. 2x Skills, 2 x Enterprise or 2 x Volunteering.

Please choose a FIRST CHOICE and a SECOND CHOICE activity from the list below. Where possible you will always be allocated your first choice activity.

COMMITMENT

You are required to show commitment to any activity you choose – attendance in non-negotiable and you should complete each block before swapping activity. This is an important life-skill and reflects the amount of time and effort it takes to organise each activity.

VOLUNTEERING

Academic Peer Mentoring Scheme ≡ ***Ongoing***

This activity allows you to work on a one-to-one basis with a pair of year 8 or year 9 students to help support their academic progress. You will be mentoring younger students to develop their reading fluency and try to achieve a grade 2 qualification in Spoken Language. The scheme is officially BTEC Certified and will allow you to gain a Level 2 Certificate in Peer Mentoring. Full training and support will be provided and you will be required to complete official BTEC paperwork as part of the accreditation process. You will also have the opportunity to work towards your own grade 8 in Spoken Language alongside this scheme. This is ideal for students who are interested in a career in teaching, youth work, or speech and language.

Time: Training Thurs AM (Term 1), 3 x 15 mins weekly mentoring sessions
Requirements: Pre-placement training and commitment to BTEC qualification.

In-Class Support (Subject Based)

This gives you the opportunity to provide subject specific support to students in lower school by volunteering to help out in lessons. You will need to attend a short training session before undertaking the placement, as well as arrange directly with a member of teaching staff as to which lessons you will support. This is a fantastic opportunity to build your own confidence and communication skills, whilst showing a passion and desire for your subject.

Time: To be arranged with subject staff (minimum 2 periods)
Requirements: In-Class Support authorisation from subject staff. Pre-placement training session to be completed

Primary School Support ≡

Yeo Moor, St Nicks, St Johns and Mary Elton Primary Schools have spaces for students to work alongside classroom teachers and learning support staff to help with in-class activities and other activities around the school. You will need to attend a short training session before undertaking the placement. This is a fantastic opportunity to build your own confidence and communication skills, whilst showing a passion and desire for working with young people. You will need to be proactive and self-motivated to make the most of this placement.

Time: Weds PM or alternative (by prior arrangement)
Requirements: Pre-placement training session to be completed
Own transport

Winash Nursing Home Activity Helper ≡

Winash Nursing Home has placement opportunities for 2 students to work alongside their activities coordinator to help deliver and lead activities for the elderly people in their care. This can range from simple arts and crafts activities to leading a 'silver surfers' internet skills course. If you have any ambitions to work in medicine or a healthcare environment, then this could be a great placement for you.

Time: Weds PM
Requirements: Own transport

Rydal Play Group Helper

Rydal Day Nursery have placement opportunities for 4 students to work alongside existing staff to supervise and lead play activities with young children between the ages of 3 and 5 at their day nursery in Clevedon. If you have any ambitions to work with children, whether that be in an educational or healthcare environment, then this could be a great placement for you.

Time: Weds PM

Requirements: Own transport

Worcester Lodge Dementia Activity Helper

Worcester Lodge is looking for a student to help with a variety of activities with dementia sufferers, including the innovative "Tovertafel" table. It is an interactive table which contains a series of games for people living with mid to late stage dementia, consisting of interactive light animations that are projected on a table. It has been designed to encourage instinctive participation, inviting engagement and stimulating a level of physical and social activity connecting them with each other and their surroundings.

Time: Weds PM

Requirements: Own transport

Springboard Additional Needs Play Group Helper

Springboard Additional Needs Playgroup has placement opportunities for students to work alongside existing staff to supervise and lead play activities with young children between the ages of 3 and 5 who have additional needs. If you have any ambitions to work with children, whether that be in an educational or healthcare environment, then this could be a great placement for you.

Time: Tuesday or Thursday PM

Requirements: Own transport

Wellspring Counselling Social Media Assistant / Fundraiser *Ongoing*

Wellspring provide a school well-being counsellor to Clevedon School two days per week, but this requires funding of £4,000 per academic year. We have placement opportunities for a small team of students to help raise the profile of Wellspring within school and the local community and develop fundraising opportunities and projects. This would initially include modernising the website, developing a youth focussed social media campaign, and developing funding streams for the charity and in particular funding an additional day in school for the well-being counsellor. This is a fantastic opportunity for anyone wishing to work in the care sector, charity sector, or marketing, public relations and social media sectors.

Time: Weds PM

Requirements: None

Avon Wildlife Trust – Gordano Valley Owl Project *NEW*

Avon Wildlife Trust have an opportunity to work alongside other volunteers creating owl boxes and installing them in the Gordano Valley. This would involve making the boxes and installing them at key locations around the valley. In addition you could undertake tracking and recording projects or owl pellet dissection and small mammal trapping.

Time: Weds PM, Evenings at your discretion

Requirements: Own transport

ENTERPRISE

Charity Fundraising Group

Clevedon School has a proud history of charity work and fundraising. This group will be tasked with finding projects to help raise funds for a variety of charities, including Wellspring Counselling and Mend the Gap.

Time: Wednesday PM

Requirements: None

Hector's Coffee Team *Ongoing*

Hector is an ongoing enterprise project run by the school. The Hector team will be responsible for running Hector and serving expertly made coffee at key 'in-school' events such as Open Evenings and Awards Evenings, as well as a regular Friday morning slot. The team will also need run Hector at community events such as Marlen's Festival, Thundercat Racing and the Christmas Fayre.

Time: Friday mornings, afterschool & weekends

Requirements: Barista Training

Commitment to work after-school & weekends

Chamber of Commerce 'Youth Chamber' ≡

The Chamber of Commerce is establishing as a registered CIC and is looking to grow significantly. As part of this, it has set up the 'Youth Chamber' to provide an insight into the world of business and develop networking opportunities for young people with the local business community. There are vacancies within the Youth Chamber for several students interested in:

- Social Media – Raising the profile of the Chamber building valuable content and contacts
- Membership Sales – Bringing new members on board alongside membership Director
- Accounting – Invoicing membership and events, understanding credit control processes
- Event management – Thundercat Racing, Black Tie Ball, Xmas lunch

This would be a great project for bright, confident students who are interested in business, enterprise and commerce. The benefits include networking with key local employers, project management experience, building confidence and creative thinking skills.

Time: Wednesday PM, weekends (as required)

Requirements: Own transport

SKILLS

Competitive Debating Society

This activity will teach you the basics of competitive debating and give you the opportunity to progress your public speaking to the next level. You will practice the subtleties of debating in a supportive environment before challenging your wits against debating teams from other schools in a series of competitions throughout the year. This is a fantastic opportunity for anyone interested in a career where public speaking is a must, including politics, teaching, legal representation or even the media.

Time: Weds PM

Requirements: None

Youth Theatre Project *Ongoing*

The Youth Theatre Project aims to develop and run the play Kill Jill by Mark Wheeler and possibly take it to the Edinburgh Fringe Festival. There are opportunities for actors, scriptwriters, stage managers, costume designers, sound and lighting technicians and even directors. The project is open to all students, not necessarily those from a performing arts background.

Time: Weds PM

Requirements: None

EPQ Extra

This activity is perfect if you are currently undertaking the Extra project Qualification and feel like you could benefit from a weekly support session where you can develop additional research skills, critical thinking skills and have the opportunity to have your work critically appraised.

Time: Weds PM

Requirements: Prior enrolment to EPQ



SKILLS

Kickboxing & Fitness

This activity will give you the opportunity to learn some basic boxing and kickboxing techniques as well as develop your fitness, flexibility and strength in a low pressure, fun environment. The class will comprise a mixture of body weight exercises, pad work and some technical drills to develop your competency and confidence with combat sports.

Time: Weds PM

Requirements: Sports kit

Gig Rowing

Ever wanted to row at sea? Here's your chance! Clevedon Gig Club and Great Britain Rowing Coach Tim Down provides training for a Sixth Form crew every Wednesday afternoon at Bristol docks, Clevedon Seafront or at our own in-house rowing facility. Learn correct technique, teamwork and gain fitness as part of this competitive team. Previously teams have competed in the Gig Rowing World championships - will you make the future team!?

Time: Weds PM

Requirements: Sports kit



SKILLS

Cooking with Kirsty *NEW*

If you'd like to have a fun introduction to home-style cooking in readiness to leave home and move to University, then look no further than our very own culinary whizz – Kirsty! Learn how to prepare a range of delicious home cooked dishes each week and astound your friends and family with a delicious meal to take away every Wednesday!

Time: Weds PM

Requirements: Own ingredients each week

Chess Club

This club is open to novice chess players and maestros alike. If you'd like to fine tuning your chess skills and learn the more technical aspects of the game, in a competitive, but low pressure environment, then this is for you!

Time: Weds PM

Requirements: None

Sixth Form Inter-School Sports *NEW*

This activity is open to students wishing to undertake competitive matches against other sixth forms across the local area. So far this has primarily involved the South West Schools Football Championship, but could be extended to include other sports if possible.

Time: Weds PM

Requirements: Sports kit